



Hijama, the alternative and useful treatment all over the period

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Abstract

Hijama (cupping) is considered as an important treatment in both ancient and modern period. In this modern period, it is developing and emerging as a medical science named as "Hijamatology". Hijama is an alternative treatment. It is the process of bloodletting where the bad blood is drawn from the skin by local suction from a small skin incision.

The word "hijama" denotes that its history goes to Arab world although it has a long history from ancient period in China, Egypt, Greek and France. The hijama which means "cupping" is Arabic word and derived from Arabic language. It became very popular in Arabian countries because of the instruction of Prophet Muhammad, so the hijama is a part of Prophetic medicine also. Later it became very popular in different parts of world, now this treatment is increasing in Asia, Europe and Latin America. So hijama is an alternative treatment and this reality can be proven historically, practically and scientifically. The hijama has developed until its treatment changed from horn of animal into the glass cup over the period.

Usages and advantages of hijama: Generally, hijama is used to pain diseases but now it is cure for more than 70 diseases. This reality has been proven scientifically and practically. It have active and positive effects in the human body, it helps to the smooth blood circulation and pumping of good blood to the limbs. Modern studies have been proven that the hijama is useful to all types of body pain. It cures glaucoma, Kidney failure, Kidney stones, Rheumatic disease, Skin diseases, Varicose vein, Hypertension, Diabetic mellitus, Migraine, Asthma, Gout, Chronic cough, And it is effective for the bad effects of radiation some studies proved that it is useful for cancer. In Medical (Clinical, Dental, Orthopedic and many), Architecture, Engineering (Aerospace, Automobile, Bio-material, Material and many) etc.

Biography

Ali Ahamed Padeekuth completed his PG in Hadith and related sciences from DHI University, Kerala India. (Thesis: History of hijama in muslim World with reference on the books of sunna and seera). Now he is working in teaching zone (in hijama, Arabic and English languages and translation). He is a member of international Arabic federation.



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