



Chakra's energy deficiency as one causes menopause symptoms in women

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Abstract

Statement of the Problem: Menopause symptoms such as hot flashes, night sweats, irritability, brain fog are considered common for women over 50. TCM recognizes menopause as part of the natural aging process and is often termed Kidney Yin Deficiency. The purpose of this study is to demonstrate that menopause symptoms have energy alteration associated with it, and that the correction of these energy alterations may be effective for diminution of the symptoms, with no hormone replacement needed.

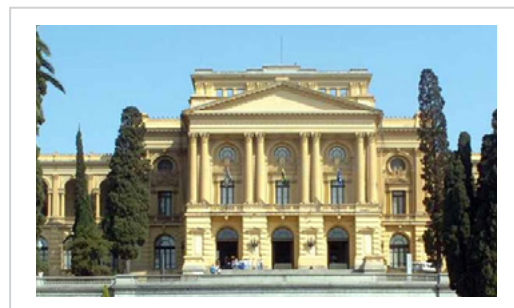
Methodology: Two case reports. Patients of age 69 and 58. The first patient is diabetic, overweight and has hypertension. Her symptoms were: excessive sweating, hot flashes, irritability, vaginal dryness and pain during intercourse. The second patient had symptoms of hot flashes, fatigue and night sweats. It was recommended the use of hormones two years ago. After two years using hormones, a mammography detected a malignant carcinoma, diagnosed through biopsy, a bilateral mastectomy was recommended (March 2020). Both patients made chakras measurement, and all chakras were depleted (exception of the seventh). Treatment was done with Chinese dietary counselling, auricular acupuncture with apex ear bloodletting, homeopathy according to the author's theory Constitutional Homeopathy of the Five Elements, based on Traditional Chinese Medicine, and crystal-based medication.

Findings: Both patients perceived improvement of the symptoms of hot flashes, excessive sweating and irritability with the treatment proposed and the hormones were suspended on the second case.

Conclusion: The treatment proposed (diet, acupuncture and chakras energy replenishment) is another option to reduce symptoms associated with menopause.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013.



10th International Conference on Traditional Medicine and Acupuncture
November 9-10, 2020

Citation: Huang Wei Ling, Chakra's energy deficiency as one cause menopause symptoms in women, Traditional Medicine 2020, 10th International Conference on Traditional Medicine and Acupuncture, November 9-10, 2020, 10