



What is acupuncture massage according to penzel?

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Abstract

It is one among the oldest European meridian therapies with roots in traditional Chinese medicine (TCM) and classic acupuncture theory: "Sickness may be a disturbance of energy flow", the founder, Willy Penzel (1918 to 1985) was convinced.

The acupuncture massage consistent with Penzel works as a regulation therapy on the idea of Chinese energy theory. It integrates elements of auricular therapy (ear acupuncture), neural therapy consistent with Huneke, and chirotherapy and connects them with the findings of Willy Penzel from energetic medicine and physiotherapy.

After preparing an active diagnose, the energy flow is regulated primarily by gently stroking along the energy-lacking meridians with a massaging stick. In this, the self-healing powers of the body are encouraged and reinforced by shifting energy. A neighborhood of the treatment series, besides meridian therapy, is additionally the special look after interference fields (scars).

The mutual influence of various body systems like the meridian system, system, organ system, and mind, represents a central issue of the treatment concept of APM therapy. A treatment series begins with the energetic treatment of the meridian system. The pelvis, spinal, and peripheral joints are then treated with gentle osteopathic methods.

Tips for suitable physical exercises can assist you to support your energetic system on your own. It is wont to treat pain, organ dysfunction, and dysfunctions of the system.

Reactions may partly be very strong. This might feel uncomfortable initially, but such reactions need to be considered positive, as they're a sign of activated self-healing powers. If there's no reaction to APM, there are often interference fields (scars, teeth, medication), or it's simply not the proper time. If the treatment is repeated after a three-months break, the reaction could also be completely different.

Biography

Janez Jakopin is a professional Acupuncture massage at Janez Jakopin s.p. He has a license for Akupunkt-Massage according to Penzel (APM) 2019 at European Penzel Academy. He has completed his Bsc Physiotherapy at Alma Mater Europea. He successfully completed his Clinical internship at Gibanje d.o.o. Worked as a Physiotherapist at various places such as Dom taber and Fiziktiv d.o.o. at Present he is an Acupuncture Massage at Janez jakopin private clinic.



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