



Ancient Roots of Trauma

Mary Wolken

University of Arizona, USA

Abstract

Our human species runs on energy and its reaction to it. Physical, mental, emotional, genetic, environmental etc. create intertwined electromagnetic, biochemical and etheric fields that intertwine and help or slow the progress of the fertilized egg and emerging human.

The eventful memories/ events that occur to that developing being either in utero, during or after birth and beyond shape the consciousness, the biochemistry and emotional reactions of the person often forever.

How can we help ourselves and our clients create a conscious healthier body, mind and communication system to live in the here and now and not be trapped by their past.

Integrating traditional research findings and energetic neural emotional and Chinese meridian systems with homeopathy and applied kinesiology there is much hope and promise for a gentler approach to caring and unwinding trauma in individuals of all ages.

Biography

Mary Wolken is a Trauma Energy Reset specialist. She was working in the trauma recovery system for nearly 50 years. She is studying bio-energies interact with people, nature and how to regulate and reduce stress in these energy fields to help individuals and groups who have experienced traumas. Her various careers in science, education, energetic medicines and research have allowed me to create unique trauma relief for people of all ages.



10th International Conference on Traditional Medicine and Acupuncture
November 9-10, 2020

Citation: Mary Wolken, Ancient Roots of Trauma, Traditional Medicine 2020, 10th International Conference on Traditional Medicine and Acupuncture, November 9-10, 2020, 06