

3rd International Conference on Herbal & Traditional Medicine scheduled during April 27-28, 2020 Dubai, UAE

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[Herbal medicines](#) are naturally producing, plant-derived essence, which are composite mixing of organic chemicals that may obtain from any raw or refined part of a plant. [Herbalism](#) has a great tradition of using diverse outside conventional medicine. In present time, it is becoming more main stream as many improvements are going in the field of analysis and quality control, along with different advances in clinical research, which increases the value of herbal medicine in healing and preventing disease. There are comprehensive sorts of herbs like Anti Inflammatory Herbs, Fertility Herbs, Smoking Herbs, Adaptogenic herbs, Healing Herbs. There are additionally unique sorts of natural items utilized as a part of different structures some of them are Herbal Tea, Herbal Hair, Herbal Cigarettes, Herbal Antibiotics, Products, and Herbal Toothpaste Herbal Medicine Conference.

Dr. Jurairat Boonruab illuminated the fact that constipation is a gastrointestinal disorder commonly found among people in all age groups and physical states. She found that although both the Thai traditional abdominal massage and Senokot could effectively increase the frequency of defecation, only the massage did not cause undesirable side effects or complications such as irritation to the intestinal mucosa barrier.

Dr. Diaa Hussein explained about the trend for [Herbal medicinal](#) products has been increasing within GCC region

specially after online stores heavily promoted these products. This opened up a new thought process of sustainability of use of natural resources.

The clarified information of the above topics was discussed in "**2nd International Conference on Herbal & Traditional Medicine**" during **June 20-21, 2019** at **Dubai, UAE**. With the support of organizing committee, ME Conferences is organizing the upcoming event "**3rd International Conference on Herbal & Traditional Medicine**" scheduled for **August 10-11, 2020** at **Dubai, UAE**.

References:

1. Herbal Products Regulatory Issues in GCC, Opportunities and Obstacles by Diaa Hussein, Ain Shams University, Egypt
2. A comparative study on the efficacy of Thai traditional abdominal massage and Senokot in relieving constipation by Jurairat Boonruab, Thammasat University, Thailand.

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